

DFFA Peer Team

Casey Ellsworth	817-938-2025
Kari Brannan	214-577-9799
Rudy Gonzales	214-364-3907
Matt Wilson	214-385-0627
Nick Granados	830-822-6449
Carl Lumsden	214-797-5832

These resources have been vetted by the Peer Support Team and have experience working with First Responders.

Counselors

Lifeologie	214-357-4001
Uptown, OakCliff, Plano/Richardson, Frisco, Cedar Hill Ft. Worth, Tx	
All counseling services.	
www.wefixbrains.com	

3 for the Love	469-400-8357
Prosper, Tx	
Individual, family, medical management, and support groups.	
3FTL.com	

One Tribe Foundation	682-990-6242
Fort Worth and Dallas	
Individual, Family, Marriage, Kids services, support groups.	
https://1tribefoundation.org/	

Rahana Cutting	940-390-1114
Denton	

Shele Lillis	972-345-9892
Plano	

Dottie Claggett	214-797-7221
Rockwall	

Barbara Crump	972-437-4698
Richardson	
Individual, Marriage, Couples	
www.meierclinics.com	

Hope Road Counseling Services	903-252-4673
Longview, Tx	
All Counseling Services	

In-Patient Facilities (Rehab)

Rosecrance Florian Program	1-888-928-5278
Rockford, IL (outside Chicago)	
www.Rosecrance.org/category/behavioral-health-trends/	

La Hacienda Treatment Center	1-800-749-6160
Hunt, Tx (1hr outside San Antonio)	
www.lahacienda.com	

Sante Center for Healing	1-866-238-3154
Argyle, Tx	
www.santecenter.com	

IAFF Center of Excellence	1-877-883-4450
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Mental Health Primary without Drug/Alcohol Abuse

Parkland

Methodist Richardson

Rock Springs Help for Hero's	512-746-7345
Georgetown, Tx	
https://rockspringshealth.com	

For questions and additional resources contact a member of the Peer Support team and let them guide you!